

WAC 246-341-0700 Outpatient and recovery support services—General.

Outpatient behavioral health services and recovery support services are intended to improve or reduce symptoms and help facilitate resolution of situational disturbances for individuals in the areas of relationships, employment, and community integration.

- (1) Outpatient services include the following:
 - (a) Individual mental health treatment services;
 - (b) Brief mental health intervention treatment services;
 - (c) Group mental health therapy services;
 - (d) Family therapy mental health services;
 - (e) Rehabilitative case management mental health services;
 - (f) Psychiatric medication mental health services and medication support;
 - (g) Day support mental health services;
 - (h) Mental health outpatient services provided in a residential treatment facility (RTF);
 - (i) Level one outpatient substance use disorder services;
 - (j) Level two intensive outpatient substance use disorder services;
 - (k) Substance use disorder assessment only services;
 - (l) Alcohol and drug information school;
 - (m) Substance use disorder information and crisis services;
 - (n) Substance use disorder emergency service patrol services;
 - (o) Substance use disorder screening and brief intervention services; and
 - (p) Problem and pathological gambling services.
- (2) Recovery support services include the following:
 - (a) Supported employment mental health and substance use disorder services;
 - (b) Supportive housing mental health and substance use disorder services;
 - (c) Peer support mental health services;
 - (d) Wraparound facilitation mental health services;
 - (e) Applied behavior analysis (ABA) mental health services;
 - (f) Consumer-run clubhouse mental health services; and
 - (g) Mental health peer respite services.
- (3) A behavioral health agency that provides outpatient or recovery support services must:
 - (a) Be licensed by the department as a behavioral health agency; and
 - (b) Meet the applicable program-specific requirements for each behavioral health service provided.

[Statutory Authority: 2019 c 324, RCW 71.24.037, 71.24.648, and 71.24.649. WSR 20-07-091, § 246-341-0700, filed 3/17/20, effective 5/1/20. Statutory Authority: 2018 c 201 and 2018 c 291. WSR 19-09-062, § 246-341-0700, filed 4/16/19, effective 5/17/19.]